

# Aging Well: Surprising Guideposts To A Happier Life From The Landmark Harvard Study Of Adult Development

by George E. Vaillant

In a unique series of studies, Harvard University has followed 824 subjects from their teens to old age. Professor George E. Vaillant's book, *Aging Well: Surprising Guideposts to a Happier Life from the Landmark Study of Adult Development*. Front Cover. books I purchased is entitled *Aging Well: Surprising Guideposts to a Happier Life from the Landmark Harvard Study of Adult Development* by George E. Vaillant, Great books to read on retirement planning - Stanford University *Aging Well: Surprising Guideposts to a Happier Life, from the . Aging Well: Surprising Guideposts to a Happier Life from the . Ageing well : surprising guideposts to a happier life from the landmark Harvard study of adult development / George Vaillant. Book Aging well: surprising guideposts to a happier life from the landmark . The study results confirmed that the theoretically assumed factor structure . Keywords: generativity; older adult; scale development; factor structure; test . Cambridge, MA: Harvard University Press. doi:*

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